New Jersey Society for Clinical Social Work Presents



"Dreaming With Your Hands"

Introduction to Jungian Sandplay Therapy with adults, adolescents, and children



Presented by: By Inna Danieli, LCSW, PsyA

2 Clinical CEUs provided by the NJSCSW, a recognized provider of Continuing Education Units by the NJ State Board of Social Work Examiners (The workshop will be via **ZOOM**: online workshop)

CEUs are Free to Members, \$60.00 for Non-Members (if no CEUs needed, attendance is free, donations welcome)

Date: Sunday, Oct 16, 2022 **Time:** 11:00 AM – 1:00 PM

Jungian Sand Therapy is a deep and effective tool used for working with children, adults, and groups/families. It creates a non-threatening therapeutic intervention and opens a window to the unconscious processes (the shadow) using sand, figurines, and other pieces that represent life. The sandbox becomes the bridge between the known and unknown, the bridge that connects the opposites, reveals the collective unconsciousness and the objective and subjective meanings of the pieces chosen. Therapist can observe the relational dynamics and somatic sensations that the sandbox safely holds. This workshop will introduce the main concepts of Jungian Sandplay Therapy, its use as an integrated part of the therapy process with adults, adolescents, and children. Appealing to the right brain this non-verbal multisensory technique brings to the room richer associations and affect while, ultimately, deepens the therapist-patient relationship.

Educational Objectives: Upon completion of this activity, participants will learn:

- 1. Understand the role of Sandplay as a tool to stimulate and enrich the therapeutic progress.
- 2. Gain an additional tool to help patients overcome some of the resistance in therapy.
- 3. Be exposed to a creative non-verbal way of establishing a flourishing environment for uncovering the hidden unconscious parts of the psyche.

Inna Danieli, LCSW, PsyA is a psychoanalyst, trained in EMDR, Jungian Sand Play Therapy, as well as certified by Equine Assisted Growth and Learning Association (EAGALA) and trained in equine-

based leadership development models. Inna has been working with adults, children, couples, and families in her private practice in Englewood for the past 10 years treating depression, anxiety, and relationship related issues. Jungian Sandplay has been Inna's passion since 2009 and she provided multiple training sessions and lectures on the topic in the US and Israel. Approximately five years ago the Jungian Sand Therapy led Inna to discover the world of equine-based learning and she has expanded her practice to Equine-based therapy and leadership and parenting training at a horse farm in Sparta, NJ

Mission and Goals. Promote professional excellence through affordable seminars, peer support and mentoring, journals, and newsletters. Protect the rights of Clinical Social Workers and their clients by monitoring the activities of HMOs, Insurance Plans and Legislative action and advocating on their behalf. Actively work to promote and enhance the image of Clinical Social Work and the development/enhancement of prerogatives for Clinical Social Workers and their clients in keeping with standards set for other mental health professionals.

Membership includes 8 hours of free CEU seminars per year

Cost: No charge for NJSCSW members to attend the workshop, \$60 fee for non-members

RSVP: Email: Jan Markham at jan@1destin.com

** Please provide contact information (email/phone #) and membership info w/your RSVP. **

The ZOOM online workshop instructions will be emailed to you prior to the workshop.