

New Jersey Society for Clinical Social Work
Presents



"Strategies for constructing childhood trauma narratives for adult clients with limited childhood memory."

Presented by:
Ian Laidlaw LCSW-R

2 Clinical CEUs provided by the NJSCSW, a recognized provider of Continuing Education Units by the NJ State Board of Social Work Examiners (The workshop will be via ZOOM: online workshop)

CEUs are Free to Members, \$60.00 for Non-Members (if no CEUs needed, attendance is free, donations welcome)

Date: Sunday, March 17, 2024

Time: 11:00 AM – 1:00 PM

The workshop is designed to help clinicians with developing coherent narratives and reconstructing memories of likely experiences in childhood for clients who lack memory of childhood due to chronic trauma and chronic sub-traumatic experiences. The purpose is to assist clients in making sense of their experiences as adults that resonate from these childhood experiences in order to reduce inappropriate guilt and self-blame for distress and difficulties in their personal and interpersonal relationships and mental health symptoms, and to begin healing from these experiences.

Educational Objectives: Upon completion of this activity, participants will be able to:

1. Describe how chronic childhood trauma can cause limited memory of childhood
2. Describe the role of attachment in the interruption of memory integration and formation
3. Implement several brief intervention skills that assist with the construction of childhood narratives through the identification of probable themes and patterns of experience, and likely interpersonal experiences, where there is a lack of memory including:
 - 1) The use of core memories
 - 2) The use of projective identification
 - 3) The elicitation of interactions between the client's adult and child states and brief skills to move through barriers to this interaction
 - 4) The use of somatic access to emotion states and loose association to trace to childhood experiences

Ian Laidlaw is a licensed clinical social worker in NY and NJ. He is originally from New Zealand and worked in Japan and the UK with immigrants and refugees before moving to NY and training at Fordham University as a social worker. He established a NYS-OMH licensed Article 31 clinic in NY and was the director of that clinic until late 2022, and now runs two group psychotherapy practices in NY and NJ. He has also worked as an adjunct professor at Fordham University teaching trauma.

Mission and Goals. Promote professional excellence through affordable seminars, peer support and mentoring, journals, and newsletters. Protect the rights of Clinical Social Workers and their clients by monitoring the activities of HMOs, Insurance Plans and Legislative action and advocating on their behalf. Actively work to promote and enhance the image of Clinical Social Work and the development/enhancement of prerogatives for Clinical Social Workers and their clients in keeping with standards set for other mental health professionals.

Membership includes 8 hours of free CEU seminars per year

Cost: No charge for NJSCSW members to attend the workshop, \$60 fee for non-members

RSVP: Email: Jan Markham at jan@1destin.com

*** Please provide contact information (email/phone #) and membership info w/your RSVP. ***

The ZOOM online workshop instructions will be emailed to you prior to the workshop.